



Report

Edinburgh Wellbeing Public Social Partnership

Edinburgh Integration Joint Board

14 July 2017

Executive Summary

1. The purpose of this report is to update the Edinburgh Integrated Joint Board (EIJB) on the progress of the Edinburgh Mental Health and Wellbeing Public Social Partnership (PSP). The PSP was supported by the EIJB with a report being submitted to the Board on 19 August 2016, and it brings together third sector provision previously commissioned by City of Edinburgh Council and NHS Lothian at a cost of c £2.1m over two years. The extended contracts for these services will expire on 31 October 2017 and it is envisaged that locality tests of change developed through the PSP will commence on 1 November 2017 and run for a period of 24 months.

Recommendations

2. To agree the continuation of four locality wellbeing PSPs which will provide a range of social prescribing, meaningful activities and psychosocial and psychological support to people experiencing mental health problems.
3. To agree the continuation of four pivot partnerships for the provision of:
 - Crisis partnership to support for People in Crisis 24/7/365;
 - Peer Collaborative to build capacity for peer working across the city;
 - Active and Green Partnership which will promote physical activity, physical health and the use of green spaces; and
 - Mind Space Partnership which will provide a range of evidence based psychosocial, accredited counselling and psychological interventions.
4. To agree in principle the resource allocation set out in section 25 and governance arrangements set out in section 16, subject to approval by the City of Edinburgh Council Finance and Resources Committee to enter into agreements with providers as set out in section 15.

Background

5. In August 2016 the EIJB agreed to implement a Public Social Partnership for Mental Health and Wellbeing Services. The PSP would build on good practice and established relationships to co-produce, test and develop innovative approaches for service delivery to improve collaboration and maximise locality resources.
6. There are an estimated 120,000 people in Edinburgh who experience either common or complex mental health issues, which equates to over 25% of the population. Mental Health and Wellbeing services (MHWs) enable people to feel safe, well and included in their chosen community through meaningful activity, and help people recover and live as well as they can.

Social Prescribing Improving access and supporting people to get help and support as early as possible	Meaningful activities Supporting people to access activities, interests, education, which are meaningful to them	Support Specific supports and treatment for people experiencing mental ill health
Information and Advice	Volunteering	Psychological support including counselling
Peer workers	Employment	Support in Crisis
Link workers	Arts	Supporting early discharge and providing an alternative to admission
Community facilitators	Ecotherapy	
Delivered in places where people feel safe and secure		

7. The PSP process has required a significant time commitment from all stakeholders. It may be that lessons learned will result in a future streamlined approach. Nevertheless it should be noted that the PSP has brought together people with lived experience; carers; and staff from a wide range of third sector agencies and statutory services to promote a spirit of collaboration and cooperation to focus on how best to use our resources to improve outcomes for people's mental health and wellbeing.

8. The PSP has been built on a set of core values which are:

- equality of partners;
- mutual respect and trust;
- open and transparent communications;
- co-operation and Consultation;
- a commitment to being positive and constructive;
- a willingness to work with and learn from others; and
- a shared commitment to providing excellent services to the community.

Main report

9. In August 2016 the EIJB recognised significant opportunities to adopt a different approach to planning and commissioning services in line with the principles of the Christie Commission. The Scottish Government support the Public Social Partnership (PSP) approach.

10. Supported by the City of Edinburgh Council Procurement team the formal PSP process began in December 2016. Potential partners were asked to submit applications to become PSP “interested partners”. Forty-three organisations submitted interested partner forms.

11. An Implementation Monitoring and Evaluation Group (IMEG) comprising representation from carers, service users, EVOC, Health and Social Care Strategic Planning and NHS Lothian Strategic Planning was set up to oversee the development of the PSP. The group has met regularly to oversee the process since October 2016.

12. Between January and March 2017 a series of ten co-production events - *Talk, Share, Plan, Repeat* - took place. The aim of the dialogue events was to enable interested partners to explore, discover, and design what services and supports were required to meet the mental health and wellbeing needs and aspirations of people living in Edinburgh.

13. The events were facilitated by Animate Consultancy and reports were circulated following each event.

14. The Edinburgh Strategic Joint Needs Assessment was used to establish some baselines of need in each locality. Added to this were the stakeholder reports from the dialogue events. Although Edinburgh services have not been planned on a locality basis, some potential to

identify key local delivery partners was evolving as part of the PSP process. These factors resulted in a proposed financial allocation. Initial draft Memoranda of Understanding (MoUs) were drawn up detailing proposed delivery partners, key deliverables and financial allocations.

15. The draft MoUs have been further refined in response to consultation. On 28 June 2017, all delivery partners and stakeholders were invited to attend a further dialogue session to enable additional inputs to the draft version 3 of the MoUs. Additional funding has been secured from Scottish Government to support the PSP as we move into the pre-implementation stage from August to October 2017.

16. The aim of the four **Locality Mental Health and Wellbeing Partnerships** is to use the assets of the locality to provide a range of meaningful activities and psychosocial and psychological support for people who are experiencing or have experienced mental health problems. This will be facilitated through creating safe, secure and psychologically informed environments with open access contact points for people seeking help, support, advice and signposting. The Partnerships will comprise of third sector key delivery partners, statutory services, and service users to build on current good practice, develop new relationships, and further innovate within their communities to deliver integrated services and support based on the needs and aspiration of localities. The Tests of Concepts will formally commence on 1 November 2017 for a period of two years. Each of the locality partnerships and the pivot partnerships will be overseen by a Monitoring and Evaluation Group. These Monitoring and Evaluation Groups will report to the Edinburgh Mental Health and Wellbeing Partnership.

17. The aim of the **Edinburgh Networked Crisis Support Partnership** is to provide round the clock support for people in crisis including residential provision. There will be opportunities for partners to be trained in evidence based brief interventions for people experiencing distress.

18. The aim of the **Peer Collaborative Partnership** is to deliver peer support by paid peer workers and volunteer across the four localities and to create a “peer collaborative” which provides opportunities for reflective practice, peer supervision, training, and supporting peer volunteering, peer learning development, good practice standards and career progression.

19. The aim of the **Active and Green Spaces Wellbeing Partnership** is to use the physical assets of each locality (including leisure centres, schools, colleges, universities, public sector buildings, gardens, wooded areas, parks and back greens) to provide a range of meaningful activities to promote improved physical and mental health. This will include activities around exercise, gardening and food.

20. The aim of the **Mind Spaces Partnership** is to provide psychological and psychosocial support for people experiencing distress. This will include low intensity psychological therapies – for example Cognitive Behavioural Therapy, Interpersonal Therapy delivered in different formats including online, individual and group.

21. People in Edinburgh requiring support and care may prefer to access support out with the locality in which they reside. This important issue of citizen choice has been factored into the Partnerships. This was highlighted as a key point within the Integrated Impact Assessment.

Key risks

22. Contracts and service level agreements for current service providers are in place until 31 October 2017. If the PSP recommendations are not supported, then there is a risk that services will cease without there being service in place from 1 November 2017.

23. To ensure the Edinburgh Wellbeing PSP meets its legal duties in considering equality, human rights, sustainability and the environment in planning decisions and to create an opportunity to identify and tackle unanticipated impacts on wider causes of poor outcomes in our communities, an Inequality Impact Assessment was considered in April 2017. This identified a number of key issues for consideration by the Partnerships. Follow-up sessions to ensure that the issues are addressed by the Partnerships will commence in August 2017.

Financial implications

24. Required efficiency savings were achieved in 2016-17 and the total agreed resource for the PSP was set at £2,117,506 .

25. The proposed financial allocations for the two-year test of period are set out below:

North East	
Support in Mind	164,000
NEECS	81,000
Link Up	60,000
Seasons	36,000
	341,000
North West	
Living Well	121,000
Pilton Community Health	53,000
Health in Mind	145,000
	319,000

South East	
Contact Point	151,000
Health in Mind	145,000
Alma	5,000
	301,000
South West	
SAMH	174,000
Health in Mind	105,000
The Cryenians	25,000
Broomhouse	5,000
	309,000
Crisis Support Partnership	
Penumbra	400,000
Active and Green Spaces	
Cyrenians	10,000
ELGS	10,000
Edinburgh Leisure	80,000
	100,000
Mind Spaces Partnership	
Penumbra - Self Harm	90,000
Health in Mind	60,000
	150,000
Peer Support Collaborative	
Penumbra - Plan 2 Change	145,000
Health in Mind	25,000
The Cyrenians	5,000
Carr Gomm	5,000
SAMH	5,000
Thistle Foundation	5,000
Places for People	5,000
	195,000

26. It is important to highlight that a significant number of the proposed service providers either own or lease assets to deliver services from, and there is clear added value using this approach. Most of the providers currently receive additional income streams from a wider range of funding sources to enhance the quality, choice and delivery of services.

27. In summary, 18 third sector providers are recommended to receive funding for a 24 month period as part of the Edinburgh Wellbeing PSP.

28. Eighteen months (March 2019) into the Test of Concepts delivery period, a recommendation regarding procurement process will be made by the governing group: the Edinburgh Mental Health and Wellbeing Partnership, to the EIJB Strategic Planning Group.

Involving people

29. The PSP has an ongoing commitment to ensuring that people with lived experience have a voice and are involved in coproduction and the decision making process. This is further supported and strengthened by the volunteer representative supported by Advocard and Edinburgh Carers Council representatives on the Implementation, Monitoring, and Evaluation Group.

Impact on plans of other parties

30. The PSP has links to the following other workstreams:

- Edinburgh Strategic Plan
- Lothian Joint Mental Health and Wellbeing Programme
- Royal Edinburgh Hospital Campus Development
- Edinburgh Community Planning Partnership Groups
- Community Link Workers
- Rivers PSP
- Gamechanger PSP

Background reading/references

[The Christie Commission Report \(2011\) Commission on the Future Delivery of Public Services](#)

Animate Edinburgh Wellbeing PSSP Dialogue reports (January to March 2017)

[Edinburgh Wellbeing Services Report to EIJB 19 August 2017](#)

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Links to priorities in strategic plan

Tackling inequalities by working with our partners to address the root causes, as well as supporting those groups whose health is at greatest risk from, current levels of inequality: reduce, and not exacerbate, health inequality

Preventing poor health and wellbeing outcomes by supporting and encouraging people to achieve their full potential, stay resilient and take more responsibility for their own health and wellbeing; making choices that increase their chances of staying healthy for as long as possible and where they do experience ill health, promoting recovery and self-management approaches.

Practicing person centred care by placing 'good conversations' at the centre of our engagement with citizens so that they are actively involved in decisions about how their health and social care needs should be addressed.

Developing and making best use of the capacity available within the city by working collaboratively with individual citizens, including unpaid carers, communities, the statutory sector, third and independent sectors and housing organisations

Making the best use of our shared resources (e.g. people, buildings, technology, information and procurement approaches) to deliver high quality services.